

DAUGHTERS OF THE KING (DOTK) PRAYER RETREAT (2nd Edition, 27th – 29th September, 2024)

Fasting: $27^{\text{th}} - 28^{\text{th}}$ (6am - 6pm); Check fasting program on Page 2.

NB: Please come along with a bible, jotter, pen, and highlighter

<u>Program</u>

SN	ACTIVITY	TIME	DURATION	COORDINATOR	
	DAY ONE				
1	Arrival/Registration	06:00pm	2hr	Nadia	
2	Dinner	08:00pm	1hr	Laura / Rudy	
3	Introduction/Expectations/Recap of 2 nd Edition	09:00	45mins	Jolivette	
4	Testimonies/Experiences	9:45pm	45mins	Larrissa	
5	Praise/worship	10:30pm	1hr	Fule	
6	Bible Study	11:30pm	1hr	Adams	
7	Prayer of thanksgiving	12:30am	1hr	Danielle	
8	Rest	01:30am			
DAY TWO					
1	Prayer for help to stay consistent in serving God	5:30am	30mins	Christelle	
2	Rub down	06:00am	2hrs	Faithful	
3	Praise/worship	08:00am	1hrs	Florina	
4	Topic 1: Breaking Generational Alters	09:00am	1hr	Tracy	
	Standing in the Way of Your Advancement				
	Discussions	10:00am	30mins	Tracy/Jolie	
5	worship	10:30am	30mins	Camilla	
6	Prayer; topic 1	11:00am	30mins	Tracy	
7	Topic 2: Healing from Childhood Traumas	11:30am	1hr 30mins	Jolivette	
8	Healing Exercise	01:00pm	1hr	Jolivette/Larrissa	
9	Prayer; topic 2	02:00pm	30mins	Zipporah	
10	Break	02:30pm	30mins	Faithful	
11	Game	03:00pm	1hr	Rudy	
12	Topic 3: Preparing for a Purposeful Marriage	04:00pm	1hr 30mins	Mrs. Golda Helen	
13	Discussions	05:30pm	1hr	Mrs. Golda / Nina	
14	Prayer; topic 3	06:30pm	30mins	Sakerly	
15	Dinner	07:00pm	2hrs	Christelle/Faithful	
16	Praise	09:00pm	30mins	Alah Manda	
17	Topic 4: Raising Godly Children	09:30pm	1hr 30mins	Mrs. Mbiwan	
18	Discussions	11:00pm	1hr	Mrs. Mbiwan / Jolie	
19	Worship/Prayer; topic 4	12:00am	1hr	Laura/Nadia	
20	Rest	01:00am			
DAY THREE					
1	Online Service	08:00am	2hrs	Tracy	
2	Last Words	10:00am	30mins	Jolivette	
3	Lunch/departure	10:30pm	1hr 30mins	Rudy / Laura	

FASTING PROGRAM

Day 1 - 27/09/2024

6am - Thanksgiving; The bible instructs us in psalm 100: 4 to enter the presence of God with thanksgiving. As we begin our retreat today, let us thank God for his endless love towards us from the first edition till now. Let's thank Him for who He is to us and all He has done for us.

Scriptures; 1chro 16:34, Ps 100:4, Isaiah 12:4b, Eph 5:18b-20,1Thes 5:16-18, Phil 4:6-7

9am - Grace to Trust God; Let us ask God for the grace to trust in His plans for our lives. Prov 3:5-6 encourages us to trust in the Lord with all our hearts, to not depend on what we know or understand, to acknowledge Him in everything we do and watch Him direct our path.

Scriptures; Ps. 71:5-7 (TPT), Ps 55:22, Phi 1:6, 1Pt. 5:7 (tpt), Prov 3:5-6, Ps 37:3-5, Ps 125:1

12pm - Divine Turnaround; Let's continue to pray for divine turnaround in our lives. As we retreat this weekend, let us pray that God grants the desires of our hearts according to His riches in glory. His word promises us in Mat 6:33 that if we seek His kingdom and His righteousness first, all other things will be added to us. There's no way we can be actively and intentionally seeking God and still operate under lack.

Scripture; Rom 8:28-32, Eph 3:20, Ps 126, 1sam 1:6-7 \$ 2:1, Gen 41:38-44

3pm - Mercy; Let us ask God for His mercy, that as we step into the retreat ground, we will automatically start operating under His covenant of mercy and our lives will never remain the same. His word in Heb 4:16 tells us to come BOLDLY to His throne of grace and obtain mercy and find grace to help us in times of need. Let us acknowledge that we are helpless before our Abba and it's only by His mercy and grace that we can be helped.

Scripture; Lam 3:22-23, Titus 3:5, Micah 7:18-19; John 3:16-18, Psalm 25:6-10, 2Peter 3:9 (tpt), Psalm 51:1-2

6pm - Thanksgiving; Let us thank God for answered prayers. Matt 7:8 tells us that everyone who asks receives. We have spent time today asking God for various things and so this is our opportunity to exercise our faith.

Scripture; John 15:7, 1Thess 5:18, James 5:16b, Mark 11:24, Heb 11:1&6, 1John 5:14-15

Day 2 - 28/09/2024

5:30am - Help for Consistency in Serving God; Let us begin this day by thanking God for a successful first day of the retreat and asking Him to help us to stay consistent in our quest to find Him and that we may live according to His purpose for our lives.

Scripture; Is. 40:28-31, Phil 3:13-14 (tpt), Mt. 24:13, Heb 4:16, 1 Cor 9:24, Isaiah 41:13, Gal 6:9, James 1:12,